





















## New Schedule as from January 01, 2018

### Sivaya Yoga Studio CLASS SCHEDULE

Yoga members! Please provide your membership and the payments cards at the front before you enter the class. Without your cards your admission for the class may be denied. Thank you for your cooperation.

TIME	8.15am	11.15am	3.00pm	5.15pm	7.05pm
DAYS					
Monday	 siva	 Grazyna		 siva	 Grazyna
Tuesday			 Grazyna	 siva	
Wednesday		 Grazyna	 heidi	 siva	 christine
Thursday		 Grazyna		 siva	 Grazyna
Friday	 siva		 Grazyna	 siva	
Saturday	 siva			 christine	
Sunday	 leana			 leana	

call anytime: 082 680 1312

[www.yogafit.co.za](http://www.yogafit.co.za)